

SHIPE

@hongkahsecondary



**NURTURING
NEW
WORLD-READY
YOUTHS**

JUNE 2009

ACCOLADES

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CONGRATULATIONS

TO THE FOLLOWING 7 NPCC CADETS:

- SI KRISTABEL KHOO SHI MIN from 4A
- SI NICHOLAS CHUA CHENG DA from 4B
- SSGT NG HUI HUI from 4A
- SSGT ELNA BTE OMAR from 4A
- SSGT NASIMA BEGAM D/O MOHAMED Z from 4A
- SSGT SERENE CHAN YUAN YIN from 4T1
- SSGT LEE JUN LOONG KELVIN from 4B

SPF - NPCC BADGE PRESENTATION

The SPF-NPCC Badge is the pinnacle NPCC award badge that was launched in April 1997 to give recognition to outstanding cadets with good leadership qualities. This year, 155 cadets from 36 NPCC school units were awarded the prestigious SPF-NPCC Badge.

7 outstanding cadets from our school were recognised for their good leadership qualities and awarded the pinnacle award for NPCC cadets in 2009. This award is only awarded to the top 2% of the entire NPCC cohort in Singapore. They were selected from a total of 548 nominations from 155 school NPCC units.

On 3rd April 2009, 7 cadets and Mrs Jamie Chia attended the SPF-NPCC Badge Presentation Ceremony at Victoria School. The Guest-of-Honour was Senior Assistant Commissioner of Police, Ang Hak Seng, Senior Director for Planning and Development, Planning and Organisation Department, Singapore Police Force.

Cadets must have attained at least 10 badges, taken part in national competitions, organised events at unit level, school level or national level and must display exemplary character in order to achieve this award.



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SHORT FILM COMPETITION 'LIVING WITH DEMENTIA'

Many young people like us may not be familiar with the term 'dementia'. It is a medical condition that commonly affects the elderly and is considered part of the aging process. We have learnt that dementia causes the brain cells to die at a faster rate than normal and leads to failing memory, deterioration of intellectual function and personality changes.

Noorazli and I from Infocomm Club recently participated in a short film competition based on the theme "Living with Dementia" under the school category, which was open to Secondary, ITE and Junior College students. To our surprise, we not only clinched the second position but we were also the only winning entry from the secondary school category. We walked away with the attractive prizes of \$500 cash and a Canon Power Shot A1000 IS camera.

The first stage of our production involved coming up with a good story line which could help to promote the awareness of this disease to the public. We were glad to be given the permission to shoot some scenes within the school compound. We also would like to take this opportunity to express our heart-felt thanks to Mdm Tan, our school attendant, who has kindly volunteered to play one of the main characters in our video production .

More information about the competition can be found in <http://www.alzheimers.org.sg/shortFilm600dpi.pdf>

Contributed by Remus Tay Han Lin , 4N1
Infocomm Club



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ANIMATION COMPETITION

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In this competition, each group is required to create an animation which embraces the theme "The Art of Saving". The entry focused on how we could creatively save; whether it was money, electricity, water, resources or Mother Earth. Each group was encouraged to think creatively when expressing their animation, which should not be longer than 2 minutes.

In order to complete the animation within the short time frame given, we stayed back after school and also during our CCA time. To our surprise, we were shortlisted among the West Zone entries and received a Merit award.

We had a good learning experience and would like to thank our teachers and IT trainer for giving us the opportunity to participate in this competition which allowed us to hone our skills.

Contributed by A2 + R2
Adilah, Arti + Riffeth and Remus
Infocomm Club



NP ENVIRONMENT CHAMPION AWARD

Six inaugural members of Green Club were awarded the NP ENVIRONMENT CHAMPION AWARD for their contributions in promoting environmental awareness through their participation in Green Activities in school and partnership with external agencies such as National Environment Agency and South-West CDC.

The award came with a plaque of recognition, certificate as well as a 5D4N fully-paid trip to Kota Kinabalu in December 2008. The award ceremony was held at the Marina Barrage on 28 November 2008.

The pupils were Irmahyunita bte Misnadi, Siti Zulaiha Bte Jalani, Sandeep Singh, Pradeep Singh, Muhammad Nhawfal bin Juma'at and Nasrulhaq Ramli from 5N2 (2008).

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NT FEST

On Thursday 26 Mar 2009, our NT pupils took part in the NT Fest at Yuan Ching Secondary School. The NT Fest aims to showcase NT student achievements and various projects completed under asceNT@W4. A group of Sec 3NT pupils were selected to attend the NT Fest.

As part of the festival, we put up exhibition booths to showcase our Nurturing Talents programme and elective modules. We also took part in 2 competitions: the Digital Animation and NT Got Talent.

Siti Izzati of Sec 4T1 was selected to present her Chinese painting to the Guest-of-Honour, Mrs Susan Chan, Deputy Director, Schools West.

The Digital Animation Team from 4T1 (Qasrina, Sherman, Fatin and Kim Leong) emerged as champions with their animation entitled "Protect the Things Important to Us".

In the NT Got Talent Competition, our dance team, the Alphabeticans (Ahmad Ibrahim from 4T2, Ali- Jamil and Sollehin from 4T1) won the 1st place and our Battucada Group, Drumatix was the 2nd runner-up. It was a proud moment for all Hong Kah Lites. The pupils would also like to take the opportunity to thank their teachers especially Mr Radzif, Mr Adron Wee, Ms Shirley Tang, Ms Noraini, Mdm Loi and Mr Said for their advice and support.

Contributed by Nurul Fatin Bte Hasni, 4T1



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PIZZA MAKING COMPETITION

Two groups of pupils from 4A and 4B were among the finalists of the Pizza Making Competition jointly organised by Pizza Hut and Nanyang Polytechnic held on 10 December 2008.

Among groups of top nine schools, Team 1 consisting of Ng Ai Jing, Jayne Goh, Lek Yi Yue and Lek Yi Wen of 4A won a consolation prize.

Team 2 comprising Nasima Begam, Nur'Atiqah Amanina, Chan Yee Shuen and Nur Syaqqinah of 4B did our school proud by winning the Second Prize of \$200 cash. They came up with their Fruity Pizza with Honey Glazed Roasted Chicken after hours of brainstorming and hard work in the kitchen.

ACCOLADES



GLOBAL VENTURES

INTEGRATED IMMERSION PROGRAMME TO PHILIPPINES

From 10-14 March 2009, 3 teachers and 30 pupils from the Craft and Tech Department embarked on a 5-day educational trip to the University of the Philippines Integrated School.

The objectives of this programme were:

- To forge partnership ties and collaboration with top colleges in Philippines in the area of Art, Design and Technology and Food and Nutrition;
- To widen our teachers' and pupils' horizon by exposing them to different types of school environments and systems in Philippines;
- To inculcate appreciation of Philippines culture, values, architecture, people and way of life;
- To develop self reliance, independence and adaptability; and
- To inculcate team spirit of care, respect and tolerance among pupils through experiential learning.

For the 12 Art pupils, this trip to Philippines was an enriching learning experience. On the second day of the trip, we visited the Art Department in the University of the Philippines Integrated School (UPIS) and attended an art lesson conducted by Professor Anton del Castillo on a special Spanish technique, Estofado painting. Our pupils learnt more about the process of creating an Estofado Painting using gold or silver leaf on a wooden panel. They also had a memorable experience producing impressive and creative art pieces during the hands-on session.

The visit to Jorge B. Vargas Museum and Philippine Research Center was indeed an eye-opener for our pupils. They learnt that scientific means of detecting oil on canvas paintings can help in art authentication and preventive conservation.

On the third day, we visited the College of Fine Arts at UPIS, Diliman, Quezon city. Our pupils had a tour around the college and interacted with the students there. They were impressed with the art demonstration on Intaglio print, which is a form of printmaking.

At the Cultural Centre of the Philippines (CCP), students were greeted by a large number of beautiful murals and wall sculptures which were found at the lobby and entrance to the CCP. There was a special section for contemporary art located at the Painting and Sculpture Hall, where the pupils had the rare opportunity to view paintings completed by 13 prize-winning artists.

All in all, the trip was an interesting learning journey for our pupils. They were exposed to different techniques of art and they forged friendships with the schools we visited. Through our visits to the various schools and learning institutions, our pupils were able to appreciate the culture, people and way of life in the Philippines. The trip had also cultivated teamwork, independence and adaptability in the pupils through experiential learning.

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For the Food and Nutrition Unit, it was also a hands-on learning experience for the 10 F & N pupils on the way Filipinos prepared their indigenous dishes.

On the second day, our hosts shared some snacks popular among youngsters - homemade pizza and nachos, a Mexican snack. The food was easy to prepare using convenient ingredients available in the market. Our pupils enjoyed the tasty snacks.

On the third day, the pupils learned how to prepare a local dish - Gabi Chips (Yam Chips). The yam was cut into strips, soaked in iced water, and then deep fried. Cheese powder was sprinkled before serving. In the afternoon, the pupils visited the Pilot Food Plant at the College of Home Economics. It is a laboratory where canning, bottling, drying, food preservation and processing are conducted. The equipment used were shown and explained to the pupils. The laboratory is also used for research studies on sensory evaluation of food. Testing of food quality before marketing the product is also conducted there.

The interesting F & N lessons conducted in a different culture and tradition were an eye-opener for the pupils.

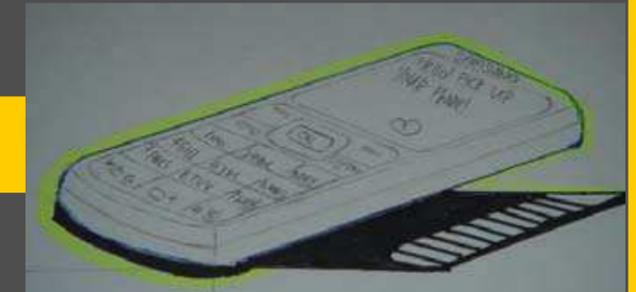


GLOBAL VENTURES

The Design and Technology pupils attended a lesson on electricity and learnt how to connect the various circuitries. They were able to interact with their local counterparts and work on the project assigned to them. They also attended sketching sessions that enabled them to do presentation drawing of product design. The pupils were also given a lesson on how to use graphical illustration to communicate their product design.

As part of the exchange programme, they also visited the Department of Mechanical Engineering and were introduced to the various mechanical measurement and testing equipment.

Articles contributed by Mr Steven Toh, Mrs Chan Lay Yean and Mrs Madolyn Pada



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Nurturing new-World Ready Youths

W4 AsceNT@Yunnan

In Nov 2008, 7 pupils from 3NT were selected to be part of the AsceNT@W4 overseas education experience which was organised by Hong Kah Secondary School. A total of 35 students and 5 staff from Bukit View Secondary School, Hong Kah Secondary School, Hua Yi Secondary School, Jurongville Secondary School and Yuan Ching Secondary School went on this trip. It was held over a period of eight days from 6th to 13th November 2008 at the capital city of Kunming in Yunnan, China. Academic Partners of this project include Yunnan University, Yunnan Provincial Tourism School and Factor Learning Pte Ltd.

The W4 AsceNT@Yunnan is part of the AsceNT@W4 Cluster's effort to specially tailor programmes that enhance the learning experience of Normal (Technical) students by engaging them through various learning platforms and beyond-classroom experience.

The trip comprised an Academic Component and a Cultural Immersion Component. The Academic Component focuses on giving pupils an insight into the Tourism Service sector through a programme at the Yunnan Provincial Tourism School (YPTS). Pupils underwent a variety of learning activities including seminars, authentic learning sessions, presentations, field trips, learning journal entries, and reflections.

The Cultural Immersion component included a seminar on Traditional Chinese Medicine, workshops on Chinese Painting and Chinese Tea Art, and a field trip to the Stone Forest. Pupils and teachers interacted with their local counterparts through common meals and games. Besides YPTS, some of the seminars and workshops were conducted at the Yunnan University (YNU).

At the end of the trip, pupils were awarded certificates by both the Yunnan Provincial Tourism School and Yunnan University.

Contributed by Mr Irantay Said



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STARS IN ACTION

SECONDARY ONE ORIENTATION CAMP 2009

The Secondary One orientation programme this year was different from those in the past. Besides the usual induction talks and activities, the new Hong Kah Lites participated in a three-day-two-night camp in school from 7 to 9 January 2009.

The camp, facilitated by both instructors from Lifeskills Enrichment and the Upper Secondary ICONs, aimed to welcome the Secondary One pupils into the Hong Kah family and culture. Furthermore, the camp provided space, time and opportunities for the students to build relationships with their teachers and peers.

The much-awaited day finally arrived. All participants, including the ICONs, were excited about what they were going to do during the camp. The first day started off with the classes coming up with their class identity. Each class was instructed to make a class flag and come up with their class cheer. Surprisingly within a short period of time, the classes managed to come up with their first class flag and cheer.

Besides ice-breaking and team-building activities for the Secondary Ones, there were also workshops about discovering the leader within themselves, learning more about their character and coping with stress in a new environment. The workshops were useful as the participants learnt more about their strengths and weaknesses, and how they can better manage themselves.

One of the two highlights of the camp was the Amazing Race at Sentosa. Each class had to get from place to place to complete tasks at various stations on the island. Most of the tasks required the students to work together and in the process, they learnt more about one another. They looked out for one another and motivated their classmates to complete the tasks.

The other highlight of the camp was the much-anticipated camp-fire. Each class came up with ideas to charm the judges with their presentation. Despite a tiring day at Sentosa, all classes were determined to win the Best Class Award. Parents were invited to the camp-fire to show their children support. At the end of the night, all classes were given prizes for their efforts, with 1T1 emerging the winner of the Best Class Award.

To demonstrate their desire to be part of the new community, the Secondary Ones carried out activities on the last day of the camp to reach out to the neighbourhood and to show care for the school. 1A, 1B and 1C pupils, with mandarin oranges in hand, wished the residents who lived in the flats near the school a "Happy New Year" in advance. 1N1, 1N2 and 1N3 pupils did spring cleaning in their own classrooms to make it a more conducive place for learning, while 1T1 and 1T2 pupils made greeting cards to be given to residents of the community.



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It was indeed a meaningful and enriching experience for all participants and ICON facilitators at this year's Orientation Camp. Most importantly, the camp has brought together people who hardly knew one another and yet strove toward a common purpose – to become proud members of the Hong Kah family.

Contributed by Yasmin Niepelt, 3A

CHINESE NEW YEAR 2009

Chinese New Year is a meaningful perennial event for all Hong Kah Lites as the joy of this festive occasion is shared with the less fortunate and needy people in the community. On the 6th of January, 6 representatives from each class gathered in the canteen, bringing with them various food items contributed by the whole class. Using their creativity, each class produced at least one food hamper which was delivered to Homes and other welfare organisations in the South West District.

Besides caring for the less fortunate people, Hong Kah Lites also spread their Chinese New Year greetings to the neighbourhood. On the 9th of January, all Sec 1 Express pupils brought with them 2 Mandarin oranges each to wish the residents in our neighbourhood a "Happy Chinese New Year". Our pupils felt a sense of happiness and satisfaction when the residents reciprocated with smiles on their faces. These acts of caring and sharing have indeed added meaning and value to this festive occasion.

Contributed by Mrs Wee-Loh Wee Sin



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ART & PHOTOGRAPHY EXHIBITION

From 2nd to 4th December 2008, artwork belonging to Nurul Faezah of Sec 4B and me were selected to be exhibited at the "A Tale of Two Cities" Art and Photography exhibition at Singapore Polytechnic's Convention Hall. The Art and Photography Competition entitled "Celebrating Singapore interpreting Venice" was organised by Singapore Polytechnic.

Contributed by Standley Djajadi, 4B



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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Name | Standley Djajadi |
| School | Hong Kah Sec School |
| Title | Venetian Beauty |
| Medium | Acrylic on Canvas |
| Description | |
| My painting aims to exude the beauty of a woman as that of a flower, and a ballerina in the foreground helps to further represent the elegance and gentleness found in both subjects. The key inspiration for this art came from floral patterns that were found on venetian masks. | |

STARS IN ACTION



GREEN CLUB

VALENTINE'S DAY THE GREEN WAY

Friday the 13th, in spite of its ominous date, was a day of success for Green Club members. On that day, Green Club conducted a sale of money plants and trinkets to commemorate Valentine's Day.

Instead of selling the usual flowers, members transferred money plants which they had grown earlier into recycled glasses and old vases which made attractive gifts for sale. As a result, members were able to transform recyclable materials into lovely trinkets. From trash to little treasures, they were able to make a sale of \$64.75, with the proceeds going to Green Club Fund to finance future activities.

Contributed by Mdm Rohana

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RECYCLING

Green Club members promoted recycling by collecting used textbooks from their schoolmates with the help of Secondary One classes. As part of the Post-Exam activities in October 2008, pupils went from class to class to collect used textbooks and collated them according to levels. The books were placed at Green Club Recycling Point in the canteen for other pupils to collect. Donations were overwhelming and many books were taken away at the Recycling Point. Books not taken by pupils were then donated to NTUC Fairprice Used Textbooks Project.

Contributed by Mdm Rohana



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BRIEFING FOR GRADUATING PUPILS

On 6th February, pupils from the graduating classes and their parents attended a briefing conducted by the school management team on the education paths, remedial and supplementary programmes, June Holiday Intensive Programme, small group teaching and night classes. This talk was informative for all the graduating pupils and their parents as we learned about the cut-off- points for the various junior colleges and polytechnics.

It was a briefing which was well-received by both pupils and their parents. During the discussion, parents took the initiative to clear their doubts on their roles in giving support to their child in coursework and other areas of studies. In short, it was an enlightening session for both parents and pupils.

Contributed by SRE Poongodai, 4A



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SAC FLAG DAY

On 31st January 2009, all the graduating classes and two Secondary 3 classes participated in the Student Advisory Centre Flag Day. It was an unforgettable day filled with many pleasant moments.

Initially, we found it hard to encourage the passers-by to make donations, as some were in a hurry while others were reluctant. But after a while, we realised that people were more ready to donate when we offered them our charismatic smiles and polite requests. As a result, most of us had a fruitful time and managed to collect a lot of money.

In addition to this, we have learnt many life lessons during this activity. This Flag Day has taught us virtues like resilience and patience, which we will be able to apply in other aspects of our lives. Therefore, the Flag Day was very productive and successful. We had enjoyed ourselves while serving the community.

Contributed by Thendral Vasakam, 4A

MILITARY BAND - VISIT FROM LONDON PROFESSOR

On 10th February, Professor Howard from London paid our school Military Band a visit and at the same time, offered us an interesting lesson. He did his style of conducting which was a little different from our instructor, Mr. Han and also made us look through the score in detail. He taught us to perfect our articulation, crescendo and decrescendo which could improve the performance of our band. He also spoke to us on improving our skills to bring the band to a greater height. Overall, I think we learnt quite a lot.

Contributed by Rachel, 3A

I was pleasantly surprised when I heard from our conductor, Mr. Han, that a professor would be visiting our school to teach us. Obviously, we all felt nervous and scared because when we heard the title "professor" we knew we had to put up an impressive performance. We did our best. As it was a rare experience, we focused on Professor Howard throughout the practice. We realised that we had committed numerous mistakes in our choice piece as well as set piece. His feedback really helped us.

We would like to thank Mr. Han for giving us the opportunity and extend our sincere gratitude to Professor Howard for his guidance.

Contributed by Adib, 4N1

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STARS IN ACTION

'DEAR' BOOK FAIR

Our school had the opportunity to participate in NLB 'DEAR' (Drop Everything And Read) Programme on 25th February when Jurong West Public Library conducted a display of 1000 fiction books and best-sellers for the pupils to browse and borrow. Pupils also took part in reading activities conducted by a library officer from whom they learned to identify books by genres and authors. At the same time, a Book Fair was also conducted where pupils had the opportunity to promote the books they had enjoyed reading with a wider audience.

Contributed by Mdm Rohana



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TOTAL DEFENCE DAY

Total Defence Day's theme this year was "What will you defend?" The entire school participated in the various activities whereby the National Education message was infused in the respective subject areas. As Total Defence day approached, the Information Leaders of the Student Council put up an exhibit on terrorism and write-ups by pupils and teachers on things that matter to them most and which they will defend.

The upper secondary pupils engaged in discussions on related topics such as "Singaporeans who ventured overseas are disloyal" while the Secondary 2 pupils completed the activity on The Little Red Dot - an online story about the Little Red Dot who went to another land and found herself missing her own homeland. Through these activities, pupils were able to reflect on the unique characteristics of our homeland, Singapore. The pupils realised that it was worthwhile to defend Singapore as it matters most to them.

The Secondary One classes visited the Singapore Discovery Centre on 19th February and had a wonderful learning experience visiting the different booths and participating in the activities. Among the myriad of students from other schools, Hong Kah Lites were enthusiastic to go through the various parts of the exhibition and completed the worksheets given to them. The highlight of the day was, of course, touching and feeling the real equipment such as the SCDF vehicles and the SAF helicopter that were on display.

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SPEECH DAY 2009



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DESIGNED BY
**VERONICA
TEO**